

Shri Narayanrao Babasaheb Education Society's

SHRI VENKATESH MAHAVIDYALAYA, ICHALKARANJI

Report on Guidance on Health and Free HB (Haemoglobin) Checking Camp

Place: Shri Venkatesh Mahavidyalaya, Ichalkaranji.

Date: 24-2-2020



In association with the Venkateshiyan (Alumni Association), Health club and ICC the programme on Guidance on Health and Free HB Checking Camp was organised in Shri Venkatesh Mahavidyalaya on 24-2-2020. The facility of HB checking was provided by the Adhar Blood Bank. Haemoglobin of 116 students was checked by the Adhar Blood Bank. On this occasion, Dr. Priyanka Mantri was invited to give the guidance on health of college students and importance of haemoglobin. In her speech, she said to replenish the blood loss women need to strictly include iron rich food like green leafy vegetables, whole grains, and dark chocolate in their diet. Inadequate iron content in the body will lead to medical conditions like anaemia among women. Dr S. H. Ambawade delivered a vote of thanks. Total 194 students attended the programme.



Dr. Priyanka Mantri expressing her thoughts on the occasion of 'HB Checking Camp.'

S.H. Ambawade
for Dr. S. H. Ambawade
In charge ICC

V.A. Mane
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